



From the nurse:

Welcome back to another school year. Mrs. Trish Morren is our health room assistant. Mrs. Morren will be in the office on Mondays and Thursdays. Mrs. Smith will be out of the building every Monday.

As the summer comes to an end, we welcome fall. The fall also brings an unwelcome season, flu season. I just wanted to share some tips to keep our Sharks healthy. An ounce of prevention helps to keep us healthy from colds and viruses. Please encourage your children to cover a cough and wash their hands often, especially after coughing or sneezing. Start good health habits early. Avoid close contact with anyone who is sick. Make sure our Sharks get plenty of rest and exercise!

** Vision Screenings will be underway soon, please remember to send in your Shark with their eyeglasses. **

** Hearing Screenings will be held October 24 in the morning for all students in Kindergarten, 1st and 2nd & 3rd grades. **

Thank you for helping me keep your children healthy!

Mrs. Smith